

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

Exercise Walking / Running[§]

Aetrex	Edge
Asics Gel	Foundation Fortitude Kayano
Brooks	Beast* / Ariel* Addiction Adrenaline Trance
New Balance	587* 990 1340 1540* 3040
Nike	Structure Triax
Saucony	Grid Stabil Hurricane

Walking[§]

Aetrex	All Walkers
Brooks	Addiction Walker (Leather)*
Dunham	All Walkers
New Balance	847 928* Postal 706
Saucony	ProGrid
SAS	Time Out(m) Free Time(w)

Trail Running/Light Hiking

Asics	Kahana
Brooks	Adrenaline GTX
Keen	Targhee II (2)
Merrell	Chameleon Refuge
Montrail	Hardrock* Comp XCR
New Balance	860 1210
Patagonia	Drifter

Cross Trainers / Aerobics

Adidas	Barricade
New Balance	857 1211
Nike	Court Ballistic
Prince	Scream T-22

Basketball

Adidas	Crazy Shadow
New Balance	581 623
Nike	LeBron Zoom Hyperdunk

Extra-Depth Shoes[§]

Aetrex Apex Dr. Comfort Drew Orthofeet P.W. Minor Soft Spot

Dress Shoes—Women: Heels, Flats, Casual

Aetrex Alice Alan Aravon Ariat Beaufeef Blend Cole-Haan Dansko Finn Comfort Kumfs Munro Naot Nickels Rieker Rockport Salamander Sanita Selby Sudini Taryn Rose Theresia

More fashion shoes at: <http://luckygirlshoes.com>

Dress Shoes—Men

Aetrex Allen Edmonds Cambrian Cole-Hann Dansko Dunham Ecco Kumfs Naot Neil M. Rockport

Sandals

Sandal brands that can accommodate custom orthoses include:

Aetrex Sandalistas Ariat Birkenstock Cambrian Dansko Finn Comfort Naot Solvee Theresia

Rocker-Soled Shoes

Dansko Hoka

Clogs and Slippers

Nontraditional slippers for support and comfort.

Cros Daniel Green Clogs Finn Comfort Orb Geisswan Clogs Heflinger Clogs Naot Iceland or Glacier Stegmann Clogs Timberland Professional Clogs

Insoles

To go under orthotic after removing shoe insole

Dr. Scholl's: Air pillow insole **Spenco:** Flat insole

[§] Best shoe types for use with ProLab AFOs
^{*}Maximum motion control

*Wearing proper shoes is an important part of orthotic therapy.
 Always remove the shoe insole before inserting orthotics.*